

# TIDE CHART 2016

## January 2016

Day	High	Low	High	Low	High	Moon	Sunrise	Sunset
Fri 1		1:55 AM EAT / 1.15 m	8:12 AM EAT / 3.03 m	2:22 PM EAT / 1.01 m	9:00 PM EAT / 2.92 m		6:12 AM EAT	6:40 PM EAT
Sat 2		2:46 AM EAT / 1.41 m	9:04 AM EAT / 2.78 m	3:10 PM EAT / 1.22 m	10:02 PM EAT / 2.83 m	Last Quarter	6:12 AM EAT	6:41 PM EAT
Sun 3		3:56 AM EAT / 1.59 m	10:12 AM EAT / 2.60 m	4:15 PM EAT / 1.39 m	11:11 PM EAT / 2.83 m		6:13 AM EAT	6:41 PM EAT
Mon 4		5:43 AM EAT / 1.62 m	11:30 AM EAT / 2.52 m	5:47 PM EAT / 1.44 m			6:13 AM EAT	6:42 PM EAT
Tue 5	12:19 AM EAT / 2.92 m	7:13 AM EAT / 1.45 m	12:45 PM EAT / 2.57 m	7:05 PM EAT / 1.34 m			6:14 AM EAT	6:42 PM EAT
Wed 6	1:18 AM EAT / 3.10 m	8:07 AM EAT / 1.20 m	1:46 PM EAT / 2.72 m	7:59 PM EAT / 1.17 m			6:14 AM EAT	6:42 PM EAT
Thu 7	2:07 AM EAT / 3.32 m	8:49 AM EAT / 0.94 m	2:35 PM EAT / 2.90 m	8:42 PM EAT / 0.97 m			6:15 AM EAT	6:43 PM EAT
Fri 8	2:49 AM EAT / 3.55 m	9:25 AM EAT / 0.68 m	3:17 PM EAT / 3.10 m	9:20 PM EAT / 0.77 m			6:15 AM EAT	6:43 PM EAT
Sat 9	3:28 AM EAT / 3.77 m	10:00 AM EAT / 0.46 m	3:56 PM EAT / 3.29 m	9:56 PM EAT / 0.59 m			6:16 AM EAT	6:43 PM EAT
Sun 10	4:06 AM EAT / 3.95 m	10:33 AM EAT / 0.28 m	4:33 PM EAT / 3.45 m	10:32 PM EAT / 0.44 m		New Moon	6:16 AM EAT	6:44 PM EAT
Mon 11	4:43 AM EAT / 4.07 m	11:07 AM EAT / 0.15 m	5:11 PM EAT / 3.56 m	11:08 PM EAT / 0.35 m			6:17 AM EAT	6:44 PM EAT
Tue 12	5:21 AM EAT / 4.10 m	11:41 AM EAT / 0.10 m	5:49 PM EAT / 3.63 m	11:47 PM EAT / 0.34 m			6:17 AM EAT	6:44 PM EAT
Wed 13	6:00 AM EAT / 4.04 m	12:17 PM EAT / 0.13 m	6:30 PM EAT / 3.63 m				6:18 AM EAT	6:44 PM EAT
Thu 14		12:26 AM EAT / 0.40 m	6:42 AM EAT / 3.88 m	12:55 PM EAT / 0.24 m	7:14 PM EAT / 3.58 m		6:18 AM EAT	6:45 PM EAT
Fri 15		1:10 AM EAT / 0.55 m	7:27 AM EAT / 3.63 m	1:36 PM EAT / 0.42 m	8:04 PM EAT / 3.47 m		6:19 AM EAT	6:45 PM EAT
Sat 16		1:58 AM EAT / 0.78 m	8:18 AM EAT / 3.33 m	2:21 PM EAT / 0.66 m	9:02 PM EAT / 3.34 m		6:19 AM EAT	6:45 PM EAT
Sun 17		2:56 AM EAT / 1.04 m	9:20 AM EAT / 3.03 m	3:17 PM EAT / 0.92 m	10:11 PM EAT / 3.24 m	First Quarter	6:20 AM EAT	6:46 PM EAT
Mon 18		4:15 AM EAT / 1.25 m	10:37 AM EAT / 2.79 m	4:31 PM EAT / 1.13 m	11:29 PM EAT / 3.22 m		6:20 AM EAT	6:46 PM EAT
Tue 19		6:02 AM EAT / 1.29 m	12:03 PM EAT / 2.71 m	6:07 PM EAT / 1.18 m			6:20 AM EAT	6:46 PM EAT
Wed 20	12:46 AM EAT / 3.32 m	7:32 AM EAT / 1.10 m	1:24 PM EAT / 2.79 m	7:29 PM EAT / 1.05 m			6:21 AM EAT	6:46 PM EAT
Thu 21	1:54 AM EAT / 3.49 m	8:32 AM EAT / 0.84 m	2:29 PM EAT / 2.98 m	8:29 PM EAT / 0.85 m			6:21 AM EAT	6:46 PM EAT
Fri 22	2:50 AM EAT / 3.69 m	9:18 AM EAT / 0.60 m	3:21 PM EAT / 3.18 m	9:17 PM EAT / 0.65 m			6:22 AM EAT	6:47 PM EAT
Sat 23	3:37 AM EAT / 3.84 m	9:58 AM EAT / 0.41 m	4:05 PM EAT / 3.36 m	9:59 PM EAT / 0.50 m			6:22 AM EAT	6:47 PM EAT
Sun 24	4:17 AM EAT / 3.94 m	10:33 AM EAT / 0.28 m	4:43 PM EAT / 3.49 m	10:36 PM EAT / 0.40 m		Full Moon	6:22 AM EAT	6:47 PM EAT
Mon 25	4:53 AM EAT / 3.96 m	11:07 AM EAT / 0.21 m	5:17 PM EAT / 3.57 m	11:12 PM EAT / 0.38 m			6:23 AM EAT	6:47 PM EAT

<b>Tue 26</b>	5:26 AM EAT / 3.92 m	11:38 AM EAT / 0.22 m	5:50 PM EAT / 3.58 m	11:45 PM EAT / 0.43 m			6:23 AM EAT	6:47 PM EAT
<b>Wed 27</b>	5:57 AM EAT / 3.82 m	12:09 PM EAT / 0.28 m	6:22 PM EAT / 3.54 m				6:23 AM EAT	6:47 PM EAT
<b>Thu 28</b>		12:18 AM EAT / 0.54 m	6:28 AM EAT / 3.66 m	12:39 PM EAT / 0.41 m	6:53 PM EAT / 3.45 m		6:24 AM EAT	6:47 PM EAT
<b>Fri 29</b>		12:51 AM EAT / 0.70 m	6:58 AM EAT / 3.46 m	1:10 PM EAT / 0.58 m	7:27 PM EAT / 3.33 m		6:24 AM EAT	6:47 PM EAT
<b>Sat 30</b>		1:25 AM EAT / 0.91 m	7:31 AM EAT / 3.23 m	1:41 PM EAT / 0.79 m	8:04 PM EAT / 3.17 m		6:24 AM EAT	6:47 PM EAT
<b>Sun 31</b>		2:01 AM EAT / 1.13 m	8:08 AM EAT / 2.97 m	2:14 PM EAT / 1.02 m	8:49 PM EAT / 3.00 m		6:25 AM EAT	6:47 PM EAT

## February 2016

Day	High	Low	High	Low	High	Moon	Sunrise	Sunset
<b>Mon 1</b>		2:45 AM EAT / 1.37 m	8:56 AM EAT / 2.71 m	2:54 PM EAT / 1.25 m	9:49 PM EAT / 2.86 m	Last Quarter	6:25 AM EAT	6:47 PM EAT
<b>Tue 2</b>		3:48 AM EAT / 1.58 m	10:07 AM EAT / 2.50 m	3:53 PM EAT / 1.47 m	11:05 PM EAT / 2.81 m		6:25 AM EAT	6:47 PM EAT
<b>Wed 3</b>		5:49 AM EAT / 1.64 m	11:39 AM EAT / 2.42 m	5:43 PM EAT / 1.56 m			6:26 AM EAT	6:47 PM EAT
<b>Thu 4</b>	12:25 AM EAT / 2.90 m	7:33 AM EAT / 1.43 m	1:06 PM EAT / 2.52 m	7:23 PM EAT / 1.42 m			6:26 AM EAT	6:47 PM EAT
<b>Fri 5</b>	1:33 AM EAT / 3.11 m	8:27 AM EAT / 1.13 m	2:10 PM EAT / 2.75 m	8:19 PM EAT / 1.15 m			6:26 AM EAT	6:47 PM EAT
<b>Sat 6</b>	2:26 AM EAT / 3.39 m	9:06 AM EAT / 0.81 m	2:59 PM EAT / 3.03 m	9:03 PM EAT / 0.86 m			6:26 AM EAT	6:47 PM EAT
<b>Sun 7</b>	3:11 AM EAT / 3.68 m	9:42 AM EAT / 0.50 m	3:40 PM EAT / 3.32 m	9:42 PM EAT / 0.57 m			6:26 AM EAT	6:47 PM EAT
<b>Mon 8</b>	3:52 AM EAT / 3.94 m	10:16 AM EAT / 0.24 m	4:18 PM EAT / 3.59 m	10:20 PM EAT / 0.32 m		New Moon	6:27 AM EAT	6:47 PM EAT
<b>Tue 9</b>	4:31 AM EAT / 4.12 m	10:50 AM EAT / 0.05 m	4:56 PM EAT / 3.80 m	10:58 PM EAT / 0.14 m			6:27 AM EAT	6:47 PM EAT
<b>Wed 10</b>	5:09 AM EAT / 4.20 m	11:24 AM EAT / -0.06 m	5:34 PM EAT / 3.94 m	11:36 PM EAT / 0.07 m			6:27 AM EAT	6:47 PM EAT
<b>Thu 11</b>	5:48 AM EAT / 4.16 m	12:00 PM EAT / -0.06 m	6:13 PM EAT / 3.98 m				6:27 AM EAT	6:47 PM EAT
<b>Fri 12</b>		12:15 AM EAT / 0.11 m	6:28 AM EAT / 4.00 m	12:36 PM EAT / 0.04 m	6:55 PM EAT / 3.92 m		6:27 AM EAT	6:46 PM EAT
<b>Sat 13</b>		12:57 AM EAT / 0.28 m	7:11 AM EAT / 3.74 m	1:14 PM EAT / 0.25 m	7:40 PM EAT / 3.77 m		6:28 AM EAT	6:46 PM EAT
<b>Sun 14</b>		1:42 AM EAT / 0.55 m	7:57 AM EAT / 3.40 m	1:56 PM EAT / 0.53 m	8:31 PM EAT / 3.54 m		6:28 AM EAT	6:46 PM EAT
<b>Mon 15</b>		2:33 AM EAT / 0.88 m	8:51 AM EAT / 3.04 m	2:44 PM EAT / 0.87 m	9:35 PM EAT / 3.29 m	First Quarter	6:28 AM EAT	6:46 PM EAT
<b>Tue 16</b>		3:40 AM EAT / 1.22 m	10:05 AM EAT / 2.72 m	3:49 PM EAT / 1.20 m	10:56 PM EAT / 3.11 m		6:28 AM EAT	6:46 PM EAT
<b>Wed 17</b>		5:28 AM EAT / 1.41 m	11:39 AM EAT / 2.56 m	5:37 PM EAT / 1.38 m			6:28 AM EAT	6:45 PM EAT
<b>Thu 18</b>	12:27 AM EAT / 3.10 m	7:22 AM EAT / 1.28 m	1:15 PM EAT / 2.65 m	7:23 PM EAT / 1.27 m			6:28 AM EAT	6:45 PM EAT
<b>Fri 19</b>	1:46 AM EAT / 3.24 m	8:27 AM EAT / 1.01 m	2:27 PM EAT / 2.88 m	8:28 PM EAT / 1.02 m			6:28 AM EAT	6:45 PM EAT

<b>Sat 20</b>	2:45 AM EAT / 3.45 m	9:11 AM EAT / 0.75 m	3:17 PM EAT / 3.14 m	9:14 PM EAT / 0.77 m			6:28 AM EAT	6:45 PM EAT
<b>Sun 21</b>	3:30 AM EAT / 3.63 m	9:47 AM EAT / 0.53 m	3:56 PM EAT / 3.37 m	9:52 PM EAT / 0.57 m			6:28 AM EAT	6:44 PM EAT
<b>Mon 22</b>	4:07 AM EAT / 3.76 m	10:18 AM EAT / 0.37 m	4:29 PM EAT / 3.55 m	10:26 PM EAT / 0.42 m		Full Moon	6:28 AM EAT	6:44 PM EAT
<b>Tue 23</b>	4:39 AM EAT / 3.84 m	10:48 AM EAT / 0.26 m	4:59 PM EAT / 3.67 m	10:57 PM EAT / 0.34 m			6:28 AM EAT	6:44 PM EAT
<b>Wed 24</b>	5:08 AM EAT / 3.85 m	11:16 AM EAT / 0.21 m	5:27 PM EAT / 3.73 m	11:27 PM EAT / 0.33 m			6:28 AM EAT	6:44 PM EAT
<b>Thu 25</b>	5:35 AM EAT / 3.80 m	11:44 AM EAT / 0.24 m	5:54 PM EAT / 3.73 m	11:57 PM EAT / 0.39 m			6:28 AM EAT	6:43 PM EAT
<b>Fri 26</b>	6:02 AM EAT / 3.70 m	12:11 PM EAT / 0.32 m	6:21 PM EAT / 3.67 m				6:29 AM EAT	6:43 PM EAT
<b>Sat 27</b>		12:26 AM EAT / 0.50 m	6:29 AM EAT / 3.55 m	12:38 PM EAT / 0.47 m	6:49 PM EAT / 3.55 m		6:29 AM EAT	6:42 PM EAT
<b>Sun 28</b>		12:56 AM EAT / 0.67 m	6:57 AM EAT / 3.35 m	1:05 PM EAT / 0.66 m	7:19 PM EAT / 3.40 m		6:29 AM EAT	6:42 PM EAT
<b>Mon 29</b>		1:27 AM EAT / 0.89 m	7:29 AM EAT / 3.10 m	1:33 PM EAT / 0.88 m	7:55 PM EAT / 3.20 m		6:28 AM EAT	6:42 PM EAT

## March 2016

Day	High	Low	High	Low	High	Moon	Sunrise	Sunset
<b>Tue 1</b>		2:02 AM EAT / 1.13 m	8:07 AM EAT / 2.83 m	2:06 PM EAT / 1.13 m	8:42 PM EAT / 2.99 m		6:28 AM EAT	6:41 PM EAT
<b>Wed 2</b>		2:47 AM EAT / 1.39 m	9:03 AM EAT / 2.57 m	2:49 PM EAT / 1.39 m	9:53 PM EAT / 2.82 m	Last Quarter	6:28 AM EAT	6:41 PM EAT
<b>Thu 3</b>		4:03 AM EAT / 1.60 m	10:38 AM EAT / 2.39 m	4:07 PM EAT / 1.61 m	11:29 PM EAT / 2.79 m		6:28 AM EAT	6:41 PM EAT
<b>Fri 4</b>		6:38 AM EAT / 1.56 m	12:25 PM EAT / 2.45 m	6:37 PM EAT / 1.57 m			6:28 AM EAT	6:40 PM EAT
<b>Sat 5</b>	12:56 AM EAT / 2.97 m	7:56 AM EAT / 1.25 m	1:42 PM EAT / 2.71 m	7:56 PM EAT / 1.26 m			6:28 AM EAT	6:40 PM EAT
<b>Sun 6</b>	2:00 AM EAT / 3.27 m	8:40 AM EAT / 0.89 m	2:35 PM EAT / 3.07 m	8:44 PM EAT / 0.88 m			6:28 AM EAT	6:40 PM EAT
<b>Mon 7</b>	2:50 AM EAT / 3.60 m	9:18 AM EAT / 0.54 m	3:18 PM EAT / 3.44 m	9:25 PM EAT / 0.50 m			6:28 AM EAT	6:39 PM EAT
<b>Tue 8</b>	3:33 AM EAT / 3.89 m	9:53 AM EAT / 0.23 m	3:57 PM EAT / 3.78 m	10:04 PM EAT / 0.18 m			6:28 AM EAT	6:39 PM EAT
<b>Wed 9</b>	4:13 AM EAT / 4.10 m	10:27 AM EAT / -0.01 m	4:35 PM EAT / 4.06 m	10:43 PM EAT / -0.04 m		New Moon	6:28 AM EAT	6:38 PM EAT
<b>Thu 10</b>	4:53 AM EAT / 4.20 m	11:02 AM EAT / -0.14 m	5:14 PM EAT / 4.23 m	11:21 PM EAT / -0.14 m			6:28 AM EAT	6:38 PM EAT
<b>Fri 11</b>	5:32 AM EAT / 4.17 m	11:38 AM EAT / -0.15 m	5:53 PM EAT / 4.27 m				6:28 AM EAT	6:37 PM EAT
<b>Sat 12</b>		12:01 AM EAT / -0.09 m	6:11 AM EAT / 4.01 m	12:14 PM EAT / -0.04 m	6:33 PM EAT / 4.17 m		6:28 AM EAT	6:37 PM EAT
<b>Sun 13</b>		12:41 AM EAT / 0.10 m	6:53 AM EAT / 3.74 m	12:52 PM EAT / 0.19 m	7:16 PM EAT / 3.95 m		6:28 AM EAT	6:37 PM EAT
<b>Mon 14</b>		1:24 AM EAT / 0.41 m	7:37 AM EAT / 3.40 m	1:33 PM EAT / 0.52 m	8:05 PM EAT / 3.63 m		6:28 AM EAT	6:36 PM EAT
<b>Tue 15</b>		2:12 AM EAT / 0.79 m	8:29 AM EAT / 3.02 m	2:19 PM EAT / 0.90 m	9:05 PM EAT / 3.28 m	First Quarter	6:27 AM EAT	6:36 PM EAT

<b>Wed 16</b>		3:12 AM EAT / 1.18 m	9:41 AM EAT / 2.68 m	3:20 PM EAT / 1.28 m	10:27 PM EAT / 3.00 m		6:27 AM EAT	6:35 PM EAT
<b>Thu 17</b>		4:54 AM EAT / 1.45 m	11:21 AM EAT / 2.52 m	5:15 PM EAT / 1.52 m			6:27 AM EAT	6:35 PM EAT
<b>Fri 18</b>	12:06 AM EAT / 2.91 m	7:04 AM EAT / 1.37 m	1:04 PM EAT / 2.63 m	7:19 PM EAT / 1.39 m			6:27 AM EAT	6:34 PM EAT
<b>Sat 19</b>	1:32 AM EAT / 3.04 m	8:11 AM EAT / 1.12 m	2:15 PM EAT / 2.89 m	8:21 PM EAT / 1.12 m			6:27 AM EAT	6:34 PM EAT
<b>Sun 20</b>	2:32 AM EAT / 3.24 m	8:53 AM EAT / 0.86 m	3:01 PM EAT / 3.17 m	9:04 PM EAT / 0.85 m			6:27 AM EAT	6:33 PM EAT
<b>Mon 21</b>	3:14 AM EAT / 3.43 m	9:26 AM EAT / 0.64 m	3:36 PM EAT / 3.41 m	9:38 PM EAT / 0.62 m			6:27 AM EAT	6:33 PM EAT
<b>Tue 22</b>	3:48 AM EAT / 3.57 m	9:55 AM EAT / 0.46 m	4:06 PM EAT / 3.60 m	10:09 PM EAT / 0.45 m			6:27 AM EAT	6:32 PM EAT
<b>Wed 23</b>	4:17 AM EAT / 3.67 m	10:23 AM EAT / 0.34 m	4:33 PM EAT / 3.74 m	10:38 PM EAT / 0.34 m		Full Moon	6:26 AM EAT	6:32 PM EAT
<b>Thu 24</b>	4:44 AM EAT / 3.72 m	10:50 AM EAT / 0.28 m	4:58 PM EAT / 3.82 m	11:07 PM EAT / 0.29 m			6:26 AM EAT	6:31 PM EAT
<b>Fri 25</b>	5:10 AM EAT / 3.71 m	11:16 AM EAT / 0.28 m	5:24 PM EAT / 3.84 m	11:34 PM EAT / 0.31 m			6:26 AM EAT	6:31 PM EAT
<b>Sat 26</b>	5:36 AM EAT / 3.65 m	11:42 AM EAT / 0.34 m	5:50 PM EAT / 3.80 m				6:26 AM EAT	6:30 PM EAT
<b>Sun 27</b>		12:02 AM EAT / 0.39 m	6:03 AM EAT / 3.53 m	12:08 PM EAT / 0.46 m	6:16 PM EAT / 3.70 m		6:26 AM EAT	6:30 PM EAT
<b>Mon 28</b>		12:30 AM EAT / 0.53 m	6:31 AM EAT / 3.36 m	12:35 PM EAT / 0.63 m	6:45 PM EAT / 3.55 m		6:26 AM EAT	6:29 PM EAT
<b>Tue 29</b>		1:00 AM EAT / 0.72 m	7:01 AM EAT / 3.14 m	1:03 PM EAT / 0.84 m	7:18 PM EAT / 3.36 m		6:26 AM EAT	6:29 PM EAT
<b>Wed 30</b>		1:34 AM EAT / 0.95 m	7:38 AM EAT / 2.90 m	1:35 PM EAT / 1.08 m	8:00 PM EAT / 3.13 m		6:26 AM EAT	6:29 PM EAT
<b>Thu 31</b>		2:16 AM EAT / 1.19 m	8:30 AM EAT / 2.64 m	2:17 PM EAT / 1.33 m	9:04 PM EAT / 2.91 m	Last Quarter	6:25 AM EAT	6:28 PM EAT

## April 2016

Day	High	Low	High	Low	High	Moon	Sunrise	Sunset
<b>Fri 1</b>		3:18 AM EAT / 1.43 m	10:00 AM EAT / 2.46 m	3:25 PM EAT / 1.56 m	10:41 PM EAT / 2.80 m		6:25 AM EAT	6:28 PM EAT
<b>Sat 2</b>		5:17 AM EAT / 1.51 m	11:47 AM EAT / 2.52 m	5:45 PM EAT / 1.60 m			6:25 AM EAT	6:27 PM EAT
<b>Sun 3</b>	12:17 AM EAT / 2.91 m	7:09 AM EAT / 1.28 m	1:07 PM EAT / 2.80 m	7:26 PM EAT / 1.28 m			6:25 AM EAT	6:27 PM EAT
<b>Mon 4</b>	1:28 AM EAT / 3.17 m	8:04 AM EAT / 0.93 m	2:04 PM EAT / 3.19 m	8:21 PM EAT / 0.86 m			6:25 AM EAT	6:26 PM EAT
<b>Tue 5</b>	2:23 AM EAT / 3.49 m	8:45 AM EAT / 0.58 m	2:49 PM EAT / 3.59 m	9:05 PM EAT / 0.45 m			6:25 AM EAT	6:26 PM EAT
<b>Wed 6</b>	3:09 AM EAT / 3.77 m	9:24 AM EAT / 0.26 m	3:31 PM EAT / 3.96 m	9:46 PM EAT / 0.11 m			6:25 AM EAT	6:25 PM EAT
<b>Thu 7</b>	3:52 AM EAT / 3.97 m	10:01 AM EAT / 0.02 m	4:11 PM EAT / 4.24 m	10:26 PM EAT / -0.12 m		New Moon	6:25 AM EAT	6:25 PM EAT
<b>Fri 8</b>	4:33 AM EAT / 4.07 m	10:38 AM EAT / -0.11 m	4:51 PM EAT / 4.40 m	11:05 PM EAT / -0.21 m			6:24 AM EAT	6:25 PM EAT
<b>Sat 9</b>	5:13 AM EAT / 4.04 m	11:15 AM EAT / -0.11 m	5:31 PM EAT / 4.40 m	11:45 PM EAT / -0.15 m			6:24 AM EAT	6:24 PM EAT

<b>Sun 10</b>	5:54 AM EAT / 3.90 m	11:53 AM EAT / 0.01 m	6:12 PM EAT / 4.26 m				6:24 AM EAT	6:24 PM EAT
<b>Mon 11</b>		12:26 AM EAT / 0.05 m	6:36 AM EAT / 3.66 m	12:32 PM EAT / 0.25 m	6:55 PM EAT / 4.00 m		6:24 AM EAT	6:23 PM EAT
<b>Tue 12</b>		1:08 AM EAT / 0.36 m	7:21 AM EAT / 3.34 m	1:14 PM EAT / 0.58 m	7:43 PM EAT / 3.64 m		6:24 AM EAT	6:23 PM EAT
<b>Wed 13</b>		1:54 AM EAT / 0.73 m	8:15 AM EAT / 3.01 m	2:00 PM EAT / 0.96 m	8:41 PM EAT / 3.26 m		6:24 AM EAT	6:22 PM EAT
<b>Thu 14</b>		2:51 AM EAT / 1.11 m	9:26 AM EAT / 2.72 m	3:01 PM EAT / 1.34 m	10:00 PM EAT / 2.94 m	First Quarter	6:24 AM EAT	6:22 PM EAT
<b>Fri 15</b>		4:17 AM EAT / 1.39 m	11:00 AM EAT / 2.59 m	4:51 PM EAT / 1.58 m	11:35 PM EAT / 2.81 m		6:24 AM EAT	6:22 PM EAT
<b>Sat 16</b>		6:22 AM EAT / 1.40 m	12:35 PM EAT / 2.69 m	6:58 PM EAT / 1.47 m			6:24 AM EAT	6:21 PM EAT
<b>Sun 17</b>	1:01 AM EAT / 2.87 m	7:36 AM EAT / 1.20 m	1:44 PM EAT / 2.93 m	8:01 PM EAT / 1.20 m			6:24 AM EAT	6:21 PM EAT
<b>Mon 18</b>	2:02 AM EAT / 3.03 m	8:20 AM EAT / 0.98 m	2:31 PM EAT / 3.18 m	8:43 PM EAT / 0.94 m			6:23 AM EAT	6:21 PM EAT
<b>Tue 19</b>	2:45 AM EAT / 3.20 m	8:55 AM EAT / 0.78 m	3:06 PM EAT / 3.41 m	9:17 PM EAT / 0.72 m			6:23 AM EAT	6:20 PM EAT
<b>Wed 20</b>	3:20 AM EAT / 3.34 m	9:25 AM EAT / 0.61 m	3:35 PM EAT / 3.60 m	9:47 PM EAT / 0.53 m			6:23 AM EAT	6:20 PM EAT
<b>Thu 21</b>	3:49 AM EAT / 3.45 m	9:53 AM EAT / 0.48 m	4:02 PM EAT / 3.75 m	10:16 PM EAT / 0.40 m			6:23 AM EAT	6:19 PM EAT
<b>Fri 22</b>	4:17 AM EAT / 3.52 m	10:21 AM EAT / 0.41 m	4:29 PM EAT / 3.84 m	10:44 PM EAT / 0.33 m		Full Moon	6:23 AM EAT	6:19 PM EAT
<b>Sat 23</b>	4:44 AM EAT / 3.55 m	10:48 AM EAT / 0.40 m	4:55 PM EAT / 3.88 m	11:13 PM EAT / 0.31 m			6:23 AM EAT	6:19 PM EAT
<b>Sun 24</b>	5:12 AM EAT / 3.52 m	11:15 AM EAT / 0.44 m	5:22 PM EAT / 3.85 m	11:41 PM EAT / 0.36 m			6:23 AM EAT	6:18 PM EAT
<b>Mon 25</b>	5:40 AM EAT / 3.44 m	11:43 AM EAT / 0.53 m	5:50 PM EAT / 3.77 m				6:23 AM EAT	6:18 PM EAT
<b>Tue 26</b>		12:11 AM EAT / 0.47 m	6:10 AM EAT / 3.30 m	12:11 PM EAT / 0.67 m	6:20 PM EAT / 3.64 m		6:23 AM EAT	6:18 PM EAT
<b>Wed 27</b>		12:42 AM EAT / 0.62 m	6:44 AM EAT / 3.13 m	12:41 PM EAT / 0.85 m	6:55 PM EAT / 3.47 m		6:23 AM EAT	6:18 PM EAT
<b>Thu 28</b>		1:17 AM EAT / 0.80 m	7:24 AM EAT / 2.94 m	1:17 PM EAT / 1.05 m	7:38 PM EAT / 3.25 m		6:23 AM EAT	6:17 PM EAT
<b>Fri 29</b>		2:00 AM EAT / 1.01 m	8:19 AM EAT / 2.75 m	2:03 PM EAT / 1.27 m	8:39 PM EAT / 3.03 m		6:23 AM EAT	6:17 PM EAT
<b>Sat 30</b>		2:57 AM EAT / 1.21 m	9:40 AM EAT / 2.63 m	3:11 PM EAT / 1.47 m	10:06 PM EAT / 2.88 m	Last Quarter	6:23 AM EAT	6:17 PM EAT

## May 2016

Day	High	Low	High	Low	High	Moon	Sunrise	Sunset
<b>Sun 1</b>		4:23 AM EAT / 1.32 m	11:12 AM EAT / 2.70 m	5:02 PM EAT / 1.51 m	11:37 PM EAT / 2.91 m		6:23 AM EAT	6:16 PM EAT
<b>Mon 2</b>		6:08 AM EAT / 1.22 m	12:28 PM EAT / 2.96 m	6:49 PM EAT / 1.25 m			6:23 AM EAT	6:16 PM EAT
<b>Tue 3</b>	12:52 AM EAT / 3.09 m	7:18 AM EAT / 0.95 m	1:29 PM EAT / 3.33 m	7:53 PM EAT / 0.86 m			6:23 AM EAT	6:16 PM EAT
<b>Wed 4</b>	1:51 AM EAT / 3.34 m	8:09 AM EAT / 0.65 m	2:19 PM EAT / 3.71 m	8:42 PM EAT / 0.48 m			6:23 AM EAT	6:16 PM EAT

<b>Thu 5</b>	2:43 AM EAT / 3.57 m	8:53 AM EAT / 0.36 m	3:04 PM EAT / 4.04 m	9:26 PM EAT / 0.16 m			6:23 AM EAT	6:16 PM EAT
<b>Fri 6</b>	3:29 AM EAT / 3.75 m	9:34 AM EAT / 0.15 m	3:47 PM EAT / 4.29 m	10:08 PM EAT / -0.06 m		New Moon	6:23 AM EAT	6:15 PM EAT
<b>Sat 7</b>	4:12 AM EAT / 3.84 m	10:14 AM EAT / 0.03 m	4:30 PM EAT / 4.41 m	10:49 PM EAT / -0.14 m			6:23 AM EAT	6:15 PM EAT
<b>Sun 8</b>	4:55 AM EAT / 3.83 m	10:54 AM EAT / 0.02 m	5:12 PM EAT / 4.39 m	11:30 PM EAT / -0.09 m			6:23 AM EAT	6:15 PM EAT
<b>Mon 9</b>	5:38 AM EAT / 3.73 m	11:34 AM EAT / 0.13 m	5:54 PM EAT / 4.23 m				6:23 AM EAT	6:15 PM EAT
<b>Tue 10</b>		12:11 AM EAT / 0.09 m	6:22 AM EAT / 3.55 m	12:15 PM EAT / 0.35 m	6:38 PM EAT / 3.96 m		6:24 AM EAT	6:15 PM EAT
<b>Wed 11</b>		12:53 AM EAT / 0.35 m	7:09 AM EAT / 3.31 m	12:58 PM EAT / 0.65 m	7:25 PM EAT / 3.63 m		6:24 AM EAT	6:15 PM EAT
<b>Thu 12</b>		1:39 AM EAT / 0.67 m	8:02 AM EAT / 3.05 m	1:46 PM EAT / 0.99 m	8:20 PM EAT / 3.27 m		6:24 AM EAT	6:14 PM EAT
<b>Fri 13</b>		2:30 AM EAT / 0.98 m	9:08 AM EAT / 2.84 m	2:44 PM EAT / 1.32 m	9:27 PM EAT / 2.96 m	First Quarter	6:24 AM EAT	6:14 PM EAT
<b>Sat 14</b>		3:37 AM EAT / 1.24 m	10:27 AM EAT / 2.73 m	4:11 PM EAT / 1.55 m	10:48 PM EAT / 2.77 m		6:24 AM EAT	6:14 PM EAT
<b>Sun 15</b>		5:12 AM EAT / 1.36 m	11:48 AM EAT / 2.78 m	6:09 PM EAT / 1.53 m			6:24 AM EAT	6:14 PM EAT
<b>Mon 16</b>	12:08 AM EAT / 2.74 m	6:38 AM EAT / 1.28 m	12:56 PM EAT / 2.94 m	7:24 PM EAT / 1.33 m			6:24 AM EAT	6:14 PM EAT
<b>Tue 17</b>	1:14 AM EAT / 2.82 m	7:34 AM EAT / 1.13 m	1:47 PM EAT / 3.14 m	8:12 PM EAT / 1.10 m			6:24 AM EAT	6:14 PM EAT
<b>Wed 18</b>	2:04 AM EAT / 2.95 m	8:15 AM EAT / 0.96 m	2:26 PM EAT / 3.34 m	8:49 PM EAT / 0.88 m			6:24 AM EAT	6:14 PM EAT
<b>Thu 19</b>	2:43 AM EAT / 3.08 m	8:50 AM EAT / 0.80 m	3:00 PM EAT / 3.52 m	9:22 PM EAT / 0.69 m			6:25 AM EAT	6:14 PM EAT
<b>Fri 20</b>	3:18 AM EAT / 3.20 m	9:22 AM EAT / 0.68 m	3:30 PM EAT / 3.67 m	9:53 PM EAT / 0.53 m			6:25 AM EAT	6:14 PM EAT
<b>Sat 21</b>	3:49 AM EAT / 3.30 m	9:53 AM EAT / 0.59 m	4:00 PM EAT / 3.78 m	10:23 PM EAT / 0.43 m			6:25 AM EAT	6:14 PM EAT
<b>Sun 22</b>	4:20 AM EAT / 3.36 m	10:23 AM EAT / 0.55 m	4:30 PM EAT / 3.85 m	10:54 PM EAT / 0.37 m		Full Moon	6:25 AM EAT	6:14 PM EAT
<b>Mon 23</b>	4:51 AM EAT / 3.37 m	10:52 AM EAT / 0.56 m	5:00 PM EAT / 3.86 m	11:24 PM EAT / 0.37 m			6:25 AM EAT	6:14 PM EAT
<b>Tue 24</b>	5:24 AM EAT / 3.34 m	11:23 AM EAT / 0.60 m	5:31 PM EAT / 3.81 m	11:56 PM EAT / 0.42 m			6:25 AM EAT	6:14 PM EAT
<b>Wed 25</b>	5:57 AM EAT / 3.27 m	11:54 AM EAT / 0.69 m	6:05 PM EAT / 3.72 m				6:26 AM EAT	6:14 PM EAT
<b>Thu 26</b>		12:29 AM EAT / 0.52 m	6:35 AM EAT / 3.16 m	12:29 PM EAT / 0.81 m	6:43 PM EAT / 3.57 m		6:26 AM EAT	6:14 PM EAT
<b>Fri 27</b>		1:06 AM EAT / 0.65 m	7:19 AM EAT / 3.04 m	1:08 PM EAT / 0.97 m	7:28 PM EAT / 3.38 m		6:26 AM EAT	6:14 PM EAT
<b>Sat 28</b>		1:49 AM EAT / 0.81 m	8:13 AM EAT / 2.94 m	1:57 PM EAT / 1.14 m	8:25 PM EAT / 3.18 m		6:26 AM EAT	6:14 PM EAT
<b>Sun 29</b>		2:41 AM EAT / 0.97 m	9:22 AM EAT / 2.89 m	3:00 PM EAT / 1.30 m	9:39 PM EAT / 3.01 m	Last Quarter	6:26 AM EAT	6:14 PM EAT
<b>Mon 30</b>		3:47 AM EAT / 1.09 m	10:38 AM EAT / 2.95 m	4:29 PM EAT / 1.36 m	11:00 PM EAT / 2.94 m		6:26 AM EAT	6:14 PM EAT
<b>Tue 31</b>		5:10 AM EAT / 1.11 m	11:50 AM EAT / 3.14 m	6:10 PM EAT / 1.22 m			6:27 AM EAT	6:14 PM EAT

# June 2016

Day	High	Low	High	Low	High	Moon	Sunrise	Sunset
Wed 1	12:15 AM EAT / 3.00 m	6:30 AM EAT / 0.97 m	12:54 PM EAT / 3.42 m	7:25 PM EAT / 0.92 m			6:27 AM EAT	6:14 PM EAT
Thu 2	1:21 AM EAT / 3.15 m	7:33 AM EAT / 0.76 m	1:50 PM EAT / 3.72 m	8:21 PM EAT / 0.59 m			6:27 AM EAT	6:14 PM EAT
Fri 3	2:18 AM EAT / 3.32 m	8:24 AM EAT / 0.53 m	2:41 PM EAT / 3.99 m	9:09 PM EAT / 0.31 m			6:27 AM EAT	6:14 PM EAT
Sat 4	3:09 AM EAT / 3.48 m	9:11 AM EAT / 0.34 m	3:28 PM EAT / 4.19 m	9:53 PM EAT / 0.12 m			6:28 AM EAT	6:15 PM EAT
Sun 5	3:56 AM EAT / 3.58 m	9:55 AM EAT / 0.22 m	4:13 PM EAT / 4.28 m	10:36 PM EAT / 0.03 m		New Moon	6:28 AM EAT	6:15 PM EAT
Mon 6	4:42 AM EAT / 3.62 m	10:38 AM EAT / 0.20 m	4:57 PM EAT / 4.26 m	11:17 PM EAT / 0.04 m			6:28 AM EAT	6:15 PM EAT
Tue 7	5:26 AM EAT / 3.59 m	11:19 AM EAT / 0.27 m	5:40 PM EAT / 4.13 m	11:58 PM EAT / 0.15 m			6:28 AM EAT	6:15 PM EAT
Wed 8	6:10 AM EAT / 3.49 m	12:01 PM EAT / 0.43 m	6:23 PM EAT / 3.91 m				6:28 AM EAT	6:15 PM EAT
Thu 9		12:38 AM EAT / 0.33 m	6:56 AM EAT / 3.34 m	12:44 PM EAT / 0.66 m	7:08 PM EAT / 3.63 m		6:29 AM EAT	6:15 PM EAT
Fri 10		1:20 AM EAT / 0.57 m	7:45 AM EAT / 3.17 m	1:29 PM EAT / 0.93 m	7:55 PM EAT / 3.33 m		6:29 AM EAT	6:15 PM EAT
Sat 11		2:04 AM EAT / 0.82 m	8:39 AM EAT / 3.01 m	2:20 PM EAT / 1.20 m	8:48 PM EAT / 3.04 m		6:29 AM EAT	6:16 PM EAT
Sun 12		2:55 AM EAT / 1.06 m	9:41 AM EAT / 2.89 m	3:23 PM EAT / 1.44 m	9:51 PM EAT / 2.81 m	First Quarter	6:30 AM EAT	6:16 PM EAT
Mon 13		3:57 AM EAT / 1.24 m	10:48 AM EAT / 2.86 m	4:52 PM EAT / 1.55 m	11:01 PM EAT / 2.67 m		6:30 AM EAT	6:16 PM EAT
Tue 14		5:17 AM EAT / 1.32 m	11:54 AM EAT / 2.91 m	6:27 PM EAT / 1.48 m			6:30 AM EAT	6:16 PM EAT
Wed 15	12:11 AM EAT / 2.65 m	6:32 AM EAT / 1.28 m	12:52 PM EAT / 3.04 m	7:32 PM EAT / 1.30 m			6:30 AM EAT	6:16 PM EAT
Thu 16	1:12 AM EAT / 2.72 m	7:29 AM EAT / 1.17 m	1:41 PM EAT / 3.20 m	8:19 PM EAT / 1.09 m			6:31 AM EAT	6:17 PM EAT
Fri 17	2:03 AM EAT / 2.83 m	8:14 AM EAT / 1.03 m	2:23 PM EAT / 3.38 m	8:57 PM EAT / 0.88 m			6:31 AM EAT	6:17 PM EAT
Sat 18	2:46 AM EAT / 2.97 m	8:52 AM EAT / 0.89 m	3:00 PM EAT / 3.55 m	9:32 PM EAT / 0.70 m			6:31 AM EAT	6:17 PM EAT
Sun 19	3:24 AM EAT / 3.10 m	9:27 AM EAT / 0.77 m	3:35 PM EAT / 3.69 m	10:05 PM EAT / 0.54 m			6:31 AM EAT	6:17 PM EAT
Mon 20	4:00 AM EAT / 3.21 m	10:01 AM EAT / 0.68 m	4:09 PM EAT / 3.80 m	10:37 PM EAT / 0.43 m		Full Moon	6:31 AM EAT	6:17 PM EAT
Tue 21	4:35 AM EAT / 3.29 m	10:34 AM EAT / 0.62 m	4:43 PM EAT / 3.86 m	11:10 PM EAT / 0.36 m			6:32 AM EAT	6:18 PM EAT
Wed 22	5:10 AM EAT / 3.33 m	11:08 AM EAT / 0.59 m	5:18 PM EAT / 3.88 m	11:43 PM EAT / 0.34 m			6:32 AM EAT	6:18 PM EAT
Thu 23	5:47 AM EAT / 3.34 m	11:42 AM EAT / 0.61 m	5:55 PM EAT / 3.83 m				6:32 AM EAT	6:18 PM EAT
Fri 24		12:17 AM EAT / 0.37 m	6:26 AM EAT / 3.32 m	12:20 PM EAT / 0.67 m	6:34 PM EAT / 3.71 m		6:32 AM EAT	6:18 PM EAT
Sat 25		12:54 AM EAT / 0.46 m	7:09 AM EAT / 3.28 m	1:01 PM EAT / 0.78 m	7:18 PM EAT / 3.54 m		6:33 AM EAT	6:18 PM EAT
Sun 26		1:34 AM EAT / 0.58 m	7:59 AM EAT / 3.22 m	1:48 PM EAT / 0.93 m	8:10 PM EAT / 3.33 m		6:33 AM EAT	6:19 PM EAT
Mon 27		2:20 AM EAT / 0.74 m	8:57 AM EAT / 3.18 m	2:45 PM EAT / 1.09 m	9:12 PM EAT / 3.11 m	Last Quarter	6:33 AM EAT	6:19 PM EAT
Tue 28		3:15 AM EAT /	10:04 AM EAT	3:59 PM EAT /	10:25 PM EAT /		6:33 AM	6:19 PM

		0.90 m	/ 3.18 m	1.22 m	2.94 m		EAT	EAT
<b>Wed 29</b>		4:24 AM EAT / 1.02 m	11:15 AM EAT / / 3.25 m	5:33 PM EAT / 1.21 m	11:42 PM EAT / 2.88 m		6:33 AM EAT	6:19 PM EAT
<b>Thu 30</b>		5:46 AM EAT / 1.03 m	12:24 PM EAT / 3.41 m	7:00 PM EAT / 1.03 m			6:33 AM EAT	6:20 PM EAT

## July 2016

Day	High	Low	High	Low	High	Moon	Sunrise	Sunset
<b>Fri 1</b>	12:55 AM EAT / 2.94 m	7:02 AM EAT / 0.92 m	1:28 PM EAT / 3.62 m	8:05 PM EAT / 0.77 m			6:34 AM EAT	6:20 PM EAT
<b>Sat 2</b>	1:59 AM EAT / 3.08 m	8:04 AM EAT / 0.74 m	2:25 PM EAT / 3.83 m	8:57 PM EAT / 0.52 m			6:34 AM EAT	6:20 PM EAT
<b>Sun 3</b>	2:56 AM EAT / 3.24 m	8:56 AM EAT / 0.55 m	3:16 PM EAT / 4.00 m	9:43 PM EAT / 0.32 m			6:34 AM EAT	6:20 PM EAT
<b>Mon 4</b>	3:46 AM EAT / 3.39 m	9:43 AM EAT / 0.41 m	4:03 PM EAT / 4.10 m	10:25 PM EAT / 0.19 m		New Moon	6:34 AM EAT	6:21 PM EAT
<b>Tue 5</b>	4:31 AM EAT / 3.50 m	10:26 AM EAT / 0.33 m	4:46 PM EAT / 4.11 m	11:04 PM EAT / 0.15 m			6:34 AM EAT	6:21 PM EAT
<b>Wed 6</b>	5:14 AM EAT / 3.54 m	11:08 AM EAT / 0.34 m	5:27 PM EAT / 4.03 m	11:42 PM EAT / 0.18 m			6:34 AM EAT	6:21 PM EAT
<b>Thu 7</b>	5:56 AM EAT / 3.53 m	11:48 AM EAT / 0.43 m	6:06 PM EAT / 3.88 m				6:34 AM EAT	6:21 PM EAT
<b>Fri 8</b>		12:19 AM EAT / 0.29 m	6:36 AM EAT / 3.45 m	12:27 PM EAT / 0.59 m	6:45 PM EAT / 3.67 m		6:34 AM EAT	6:21 PM EAT
<b>Sat 9</b>		12:56 AM EAT / 0.45 m	7:17 AM EAT / 3.34 m	1:07 PM EAT / 0.79 m	7:24 PM EAT / 3.42 m		6:34 AM EAT	6:22 PM EAT
<b>Sun 10</b>		1:33 AM EAT / 0.65 m	7:59 AM EAT / 3.20 m	1:49 PM EAT / 1.03 m	8:05 PM EAT / 3.15 m		6:34 AM EAT	6:22 PM EAT
<b>Mon 11</b>		2:12 AM EAT / 0.88 m	8:47 AM EAT / 3.06 m	2:35 PM EAT / 1.26 m	8:52 PM EAT / 2.90 m		6:35 AM EAT	6:22 PM EAT
<b>Tue 12</b>		2:55 AM EAT / 1.10 m	9:41 AM EAT / 2.94 m	3:34 PM EAT / 1.47 m	9:51 PM EAT / 2.69 m	First Quarter	6:35 AM EAT	6:22 PM EAT
<b>Wed 13</b>		3:50 AM EAT / 1.29 m	10:44 AM EAT / / 2.89 m	5:00 PM EAT / 1.58 m	11:01 PM EAT / 2.55 m		6:35 AM EAT	6:22 PM EAT
<b>Thu 14</b>		5:07 AM EAT / 1.41 m	11:51 AM EAT / / 2.91 m	6:39 PM EAT / 1.51 m			6:35 AM EAT	6:23 PM EAT
<b>Fri 15</b>	12:15 AM EAT / 2.54 m	6:34 AM EAT / 1.39 m	12:54 PM EAT / / 3.02 m	7:46 PM EAT / 1.31 m			6:35 AM EAT	6:23 PM EAT
<b>Sat 16</b>	1:22 AM EAT / 2.63 m	7:38 AM EAT / 1.26 m	1:48 PM EAT / 3.20 m	8:33 PM EAT / 1.07 m			6:35 AM EAT	6:23 PM EAT
<b>Sun 17</b>	2:17 AM EAT / 2.79 m	8:26 AM EAT / 1.09 m	2:33 PM EAT / 3.40 m	9:12 PM EAT / 0.84 m			6:35 AM EAT	6:23 PM EAT
<b>Mon 18</b>	3:02 AM EAT / 2.98 m	9:07 AM EAT / 0.90 m	3:14 PM EAT / 3.60 m	9:47 PM EAT / 0.62 m			6:35 AM EAT	6:23 PM EAT
<b>Tue 19</b>	3:42 AM EAT / 3.16 m	9:44 AM EAT / 0.73 m	3:52 PM EAT / 3.78 m	10:20 PM EAT / 0.43 m			6:35 AM EAT	6:23 PM EAT
<b>Wed 20</b>	4:19 AM EAT / 3.33 m	10:19 AM EAT / 0.58 m	4:28 PM EAT / 3.91 m	10:53 PM EAT / 0.29 m		Full Moon	6:35 AM EAT	6:23 PM EAT
<b>Thu 21</b>	4:55 AM EAT / 3.46 m	10:54 AM EAT / 0.47 m	5:05 PM EAT / 3.98 m	11:26 PM EAT / 0.21 m			6:35 AM EAT	6:24 PM EAT
<b>Fri 22</b>	5:32 AM EAT / 3.56 m	11:31 AM EAT / 0.41 m	5:42 PM EAT / 3.96 m				6:35 AM EAT	6:24 PM EAT
<b>Sat 23</b>		12:00 AM EAT / 0.19 m	6:11 AM EAT / 3.61 m	12:08 PM EAT / 0.42 m	6:21 PM EAT / 3.87 m		6:35 AM EAT	6:24 PM EAT



<b>Sun 24</b>		12:35 AM EAT / 0.25 m	6:52 AM EAT / 3.60 m	12:49 PM EAT / 0.51 m	7:03 PM EAT / 3.68 m		6:35 AM EAT	6:24 PM EAT
<b>Mon 25</b>		1:14 AM EAT / 0.37 m	7:37 AM EAT / 3.54 m	1:34 PM EAT / 0.67 m	7:50 PM EAT / 3.43 m		6:34 AM EAT	6:24 PM EAT
<b>Tue 26</b>		1:56 AM EAT / 0.56 m	8:29 AM EAT / 3.44 m	2:26 PM EAT / 0.89 m	8:46 PM EAT / 3.15 m		6:34 AM EAT	6:24 PM EAT
<b>Wed 27</b>		2:44 AM EAT / 0.79 m	9:31 AM EAT / 3.33 m	3:30 PM EAT / 1.12 m	9:54 PM EAT / 2.90 m	Last Quarter	6:34 AM EAT	6:24 PM EAT
<b>Thu 28</b>		3:45 AM EAT / 1.01 m	10:43 AM EAT / 3.26 m	5:00 PM EAT / 1.26 m	11:15 PM EAT / 2.75 m		6:34 AM EAT	6:24 PM EAT
<b>Fri 29</b>		5:09 AM EAT / 1.16 m	12:01 PM EAT / 3.30 m	6:43 PM EAT / 1.18 m			6:34 AM EAT	6:24 PM EAT
<b>Sat 30</b>	12:38 AM EAT / 2.76 m	6:43 AM EAT / 1.11 m	1:14 PM EAT / 3.43 m	7:57 PM EAT / 0.94 m			6:34 AM EAT	6:25 PM EAT
<b>Sun 31</b>	1:51 AM EAT / 2.91 m	7:56 AM EAT / 0.93 m	2:17 PM EAT / 3.62 m	8:51 PM EAT / 0.69 m			6:34 AM EAT	6:25 PM EAT

## August 2016

Day	High	Low	High	Low	High	Moon	Sunrise	Sunset
<b>Mon 1</b>	2:51 AM EAT / 3.12 m	8:51 AM EAT / 0.71 m	3:10 PM EAT / 3.80 m	9:35 PM EAT / 0.46 m			6:34 AM EAT	6:25 PM EAT
<b>Tue 2</b>	3:40 AM EAT / 3.33 m	9:37 AM EAT / 0.52 m	3:55 PM EAT / 3.92 m	10:13 PM EAT / 0.30 m		New Moon	6:33 AM EAT	6:25 PM EAT
<b>Wed 3</b>	4:22 AM EAT / 3.50 m	10:18 AM EAT / 0.39 m	4:35 PM EAT / 3.97 m	10:49 PM EAT / 0.21 m			6:33 AM EAT	6:25 PM EAT
<b>Thu 4</b>	5:00 AM EAT / 3.60 m	10:55 AM EAT / 0.34 m	5:11 PM EAT / 3.95 m	11:23 PM EAT / 0.19 m			6:33 AM EAT	6:25 PM EAT
<b>Fri 5</b>	5:35 AM EAT / 3.64 m	11:31 AM EAT / 0.37 m	5:45 PM EAT / 3.85 m	11:55 PM EAT / 0.24 m			6:33 AM EAT	6:25 PM EAT
<b>Sat 6</b>	6:09 AM EAT / 3.61 m	12:06 PM EAT / 0.46 m	6:17 PM EAT / 3.70 m				6:33 AM EAT	6:25 PM EAT
<b>Sun 7</b>		12:27 AM EAT / 0.36 m	6:42 AM EAT / 3.53 m	12:40 PM EAT / 0.62 m	6:49 PM EAT / 3.49 m		6:32 AM EAT	6:25 PM EAT
<b>Mon 8</b>		12:58 AM EAT / 0.53 m	7:16 AM EAT / 3.40 m	1:15 PM EAT / 0.83 m	7:22 PM EAT / 3.26 m		6:32 AM EAT	6:25 PM EAT
<b>Tue 9</b>		1:30 AM EAT / 0.74 m	7:52 AM EAT / 3.23 m	1:52 PM EAT / 1.06 m	7:59 PM EAT / 3.00 m		6:32 AM EAT	6:25 PM EAT
<b>Wed 10</b>		2:04 AM EAT / 0.98 m	8:35 AM EAT / 3.06 m	2:34 PM EAT / 1.30 m	8:45 PM EAT / 2.75 m	First Quarter	6:31 AM EAT	6:25 PM EAT
<b>Thu 11</b>		2:43 AM EAT / 1.22 m	9:32 AM EAT / 2.90 m	3:32 PM EAT / 1.53 m	9:50 PM EAT / 2.53 m		6:31 AM EAT	6:25 PM EAT
<b>Fri 12</b>		3:38 AM EAT / 1.44 m	10:44 AM EAT / 2.81 m	5:17 PM EAT / 1.64 m	11:18 PM EAT / 2.42 m		6:31 AM EAT	6:25 PM EAT
<b>Sat 13</b>		5:17 AM EAT / 1.57 m	12:04 PM EAT / 2.85 m	7:11 PM EAT / 1.49 m			6:31 AM EAT	6:25 PM EAT
<b>Sun 14</b>	12:45 AM EAT / 2.49 m	7:04 AM EAT / 1.47 m	1:14 PM EAT / 3.02 m	8:10 PM EAT / 1.22 m			6:30 AM EAT	6:25 PM EAT
<b>Mon 15</b>	1:52 AM EAT / 2.69 m	8:04 AM EAT / 1.24 m	2:09 PM EAT / 3.27 m	8:51 PM EAT / 0.92 m			6:30 AM EAT	6:24 PM EAT
<b>Tue 16</b>	2:41 AM EAT / 2.95 m	8:49 AM EAT / 0.97 m	2:53 PM EAT / 3.53 m	9:26 PM EAT / 0.64 m			6:30 AM EAT	6:24 PM EAT
<b>Wed 17</b>	3:21 AM EAT / 3.23 m	9:27 AM EAT / 0.69 m	3:33 PM EAT / 3.77 m	9:59 PM EAT / 0.39 m			6:29 AM EAT	6:24 PM EAT

<b>Thu 18</b>	3:59 AM EAT / 3.49 m	10:03 AM EAT / 0.45 m	4:11 PM EAT / 3.96 m	10:31 PM EAT / 0.19 m		Full Moon	6:29 AM EAT	6:24 PM EAT
<b>Fri 19</b>	4:35 AM EAT / 3.71 m	10:39 AM EAT / 0.25 m	4:48 PM EAT / 4.07 m	11:04 PM EAT / 0.06 m			6:29 AM EAT	6:24 PM EAT
<b>Sat 20</b>	5:11 AM EAT / 3.87 m	11:15 AM EAT / 0.15 m	5:25 PM EAT / 4.08 m	11:38 PM EAT / 0.02 m			6:28 AM EAT	6:24 PM EAT
<b>Sun 21</b>	5:49 AM EAT / 3.95 m	11:53 AM EAT / 0.14 m	6:04 PM EAT / 3.97 m				6:28 AM EAT	6:24 PM EAT
<b>Mon 22</b>		12:13 AM EAT / 0.07 m	6:28 AM EAT / 3.93 m	12:33 PM EAT / 0.24 m	6:44 PM EAT / 3.76 m		6:27 AM EAT	6:24 PM EAT
<b>Tue 23</b>		12:50 AM EAT / 0.23 m	7:11 AM EAT / 3.82 m	1:16 PM EAT / 0.46 m	7:29 PM EAT / 3.47 m		6:27 AM EAT	6:24 PM EAT
<b>Wed 24</b>		1:30 AM EAT / 0.47 m	8:00 AM EAT / 3.62 m	2:05 PM EAT / 0.75 m	8:21 PM EAT / 3.14 m		6:27 AM EAT	6:24 PM EAT
<b>Thu 25</b>		2:16 AM EAT / 0.77 m	9:00 AM EAT / 3.39 m	3:05 PM EAT / 1.07 m	9:29 PM EAT / 2.82 m	Last Quarter	6:26 AM EAT	6:24 PM EAT
<b>Fri 26</b>		3:14 AM EAT / 1.09 m	10:16 AM EAT / 3.18 m	4:33 PM EAT / 1.32 m	10:58 PM EAT / 2.63 m		6:26 AM EAT	6:23 PM EAT
<b>Sat 27</b>		4:44 AM EAT / 1.32 m	11:44 AM EAT / 3.12 m	6:34 PM EAT / 1.29 m			6:25 AM EAT	6:23 PM EAT
<b>Sun 28</b>	12:33 AM EAT / 2.66 m	6:40 AM EAT / 1.29 m	1:07 PM EAT / 3.23 m	7:53 PM EAT / 1.05 m			6:25 AM EAT	6:23 PM EAT
<b>Mon 29</b>	1:50 AM EAT / 2.87 m	7:57 AM EAT / 1.05 m	2:13 PM EAT / 3.43 m	8:43 PM EAT / 0.78 m			6:24 AM EAT	6:23 PM EAT
<b>Tue 30</b>	2:46 AM EAT / 3.14 m	8:48 AM EAT / 0.79 m	3:03 PM EAT / 3.62 m	9:22 PM EAT / 0.55 m			6:24 AM EAT	6:23 PM EAT
<b>Wed 31</b>	3:30 AM EAT / 3.39 m	9:30 AM EAT / 0.56 m	3:44 PM EAT / 3.76 m	9:56 PM EAT / 0.37 m			6:23 AM EAT	6:23 PM EAT

## September 2016

Day	High	Low	High	Low	High	Moon	Sunrise	Sunset
<b>Thu 1</b>	4:07 AM EAT / 3.58 m	10:06 AM EAT / 0.40 m	4:19 PM EAT / 3.84 m	10:28 PM EAT / 0.25 m		New Moon	6:23 AM EAT	6:22 PM EAT
<b>Fri 2</b>	4:39 AM EAT / 3.71 m	10:39 AM EAT / 0.31 m	4:50 PM EAT / 3.85 m	10:58 PM EAT / 0.21 m			6:22 AM EAT	6:22 PM EAT
<b>Sat 3</b>	5:09 AM EAT / 3.77 m	11:11 AM EAT / 0.29 m	5:20 PM EAT / 3.80 m	11:27 PM EAT / 0.23 m			6:22 AM EAT	6:22 PM EAT
<b>Sun 4</b>	5:37 AM EAT / 3.77 m	11:42 AM EAT / 0.35 m	5:47 PM EAT / 3.69 m	11:55 PM EAT / 0.32 m			6:21 AM EAT	6:22 PM EAT
<b>Mon 5</b>	6:05 AM EAT / 3.70 m	12:12 PM EAT / 0.47 m	6:15 PM EAT / 3.53 m				6:21 AM EAT	6:22 PM EAT
<b>Tue 6</b>		12:23 AM EAT / 0.47 m	6:33 AM EAT / 3.57 m	12:43 PM EAT / 0.65 m	6:44 PM EAT / 3.32 m		6:20 AM EAT	6:21 PM EAT
<b>Wed 7</b>		12:51 AM EAT / 0.67 m	7:04 AM EAT / 3.40 m	1:15 PM EAT / 0.87 m	7:15 PM EAT / 3.08 m		6:20 AM EAT	6:21 PM EAT
<b>Thu 8</b>		1:21 AM EAT / 0.91 m	7:39 AM EAT / 3.19 m	1:50 PM EAT / 1.13 m	7:53 PM EAT / 2.81 m		6:19 AM EAT	6:21 PM EAT
<b>Fri 9</b>		1:53 AM EAT / 1.17 m	8:25 AM EAT / 2.97 m	2:34 PM EAT / 1.38 m	8:50 PM EAT / 2.55 m	First Quarter	6:19 AM EAT	6:21 PM EAT
<b>Sat 10</b>		2:36 AM EAT / 1.43 m	9:36 AM EAT / 2.78 m	3:47 PM EAT / 1.60 m	10:25 PM EAT / 2.38 m		6:18 AM EAT	6:21 PM EAT
<b>Sun 11</b>		3:52 AM EAT / 1.65 m	11:12 AM EAT / 2.73 m	6:20 PM EAT / 1.59 m			6:18 AM EAT	6:21 PM EAT

<b>Mon 12</b>	12:10 AM EAT / 2.44 m	6:25 AM EAT / 1.62 m	12:39 PM EAT / 2.88 m	7:39 PM EAT / 1.31 m			6:17 AM EAT	6:20 PM EAT
<b>Tue 13</b>	1:24 AM EAT / 2.69 m	7:41 AM EAT / 1.33 m	1:41 PM EAT / 3.16 m	8:22 PM EAT / 0.97 m			6:17 AM EAT	6:20 PM EAT
<b>Wed 14</b>	2:15 AM EAT / 3.02 m	8:28 AM EAT / 0.98 m	2:29 PM EAT / 3.46 m	8:58 PM EAT / 0.65 m			6:16 AM EAT	6:20 PM EAT
<b>Thu 15</b>	2:56 AM EAT / 3.37 m	9:07 AM EAT / 0.62 m	3:10 PM EAT / 3.75 m	9:31 PM EAT / 0.35 m			6:16 AM EAT	6:20 PM EAT
<b>Fri 16</b>	3:33 AM EAT / 3.71 m	9:44 AM EAT / 0.30 m	3:49 PM EAT / 3.97 m	10:04 PM EAT / 0.11 m		Full Moon	6:15 AM EAT	6:20 PM EAT
<b>Sat 17</b>	4:10 AM EAT / 3.99 m	10:20 AM EAT / 0.05 m	4:27 PM EAT / 4.09 m	10:38 PM EAT / -0.04 m			6:15 AM EAT	6:20 PM EAT
<b>Sun 18</b>	4:47 AM EAT / 4.18 m	10:58 AM EAT / -0.08 m	5:06 PM EAT / 4.10 m	11:13 PM EAT / -0.09 m			6:14 AM EAT	6:19 PM EAT
<b>Mon 19</b>	5:25 AM EAT / 4.25 m	11:36 AM EAT / -0.08 m	5:44 PM EAT / 3.99 m	11:49 PM EAT / -0.02 m			6:14 AM EAT	6:19 PM EAT
<b>Tue 20</b>	6:04 AM EAT / 4.20 m	12:16 PM EAT / 0.05 m	6:25 PM EAT / 3.76 m				6:13 AM EAT	6:19 PM EAT
<b>Wed 21</b>		12:26 AM EAT / 0.17 m	6:47 AM EAT / 4.01 m	12:58 PM EAT / 0.31 m	7:09 PM EAT / 3.45 m		6:13 AM EAT	6:19 PM EAT
<b>Thu 22</b>		1:06 AM EAT / 0.46 m	7:35 AM EAT / 3.72 m	1:45 PM EAT / 0.66 m	8:01 PM EAT / 3.10 m		6:12 AM EAT	6:19 PM EAT
<b>Fri 23</b>		1:52 AM EAT / 0.81 m	8:33 AM EAT / 3.38 m	2:43 PM EAT / 1.04 m	9:11 PM EAT / 2.77 m	Last Quarter	6:12 AM EAT	6:18 PM EAT
<b>Sat 24</b>		2:51 AM EAT / 1.19 m	9:53 AM EAT / 3.09 m	4:09 PM EAT / 1.34 m	10:48 PM EAT / 2.59 m		6:11 AM EAT	6:18 PM EAT
<b>Sun 25</b>		4:30 AM EAT / 1.46 m	11:30 AM EAT / 2.97 m	6:21 PM EAT / 1.35 m			6:11 AM EAT	6:18 PM EAT
<b>Mon 26</b>	12:28 AM EAT / 2.68 m	6:42 AM EAT / 1.39 m	12:58 PM EAT / 3.06 m	7:39 PM EAT / 1.11 m			6:10 AM EAT	6:18 PM EAT
<b>Tue 27</b>	1:42 AM EAT / 2.93 m	7:54 AM EAT / 1.11 m	2:02 PM EAT / 3.25 m	8:26 PM EAT / 0.85 m			6:10 AM EAT	6:18 PM EAT
<b>Wed 28</b>	2:34 AM EAT / 3.22 m	8:41 AM EAT / 0.83 m	2:49 PM EAT / 3.44 m	9:02 PM EAT / 0.62 m			6:09 AM EAT	6:18 PM EAT
<b>Thu 29</b>	3:12 AM EAT / 3.47 m	9:18 AM EAT / 0.59 m	3:26 PM EAT / 3.58 m	9:34 PM EAT / 0.45 m			6:09 AM EAT	6:17 PM EAT
<b>Fri 30</b>	3:44 AM EAT / 3.66 m	9:50 AM EAT / 0.41 m	3:58 PM EAT / 3.67 m	10:03 PM EAT / 0.33 m			6:08 AM EAT	6:17 PM EAT

## October 2016

Day	High	Low	High	Low	High	Moon	Sunrise	Sunset
<b>Sat 1</b>	4:13 AM EAT / 3.80 m	10:20 AM EAT / 0.30 m	4:26 PM EAT / 3.71 m	10:30 PM EAT / 0.27 m		New Moon	6:08 AM EAT	6:17 PM EAT
<b>Sun 2</b>	4:40 AM EAT / 3.87 m	10:50 AM EAT / 0.26 m	4:53 PM EAT / 3.69 m	10:58 PM EAT / 0.28 m			6:07 AM EAT	6:17 PM EAT
<b>Mon 3</b>	5:05 AM EAT / 3.88 m	11:18 AM EAT / 0.29 m	5:19 PM EAT / 3.62 m	11:25 PM EAT / 0.35 m			6:07 AM EAT	6:17 PM EAT
<b>Tue 4</b>	5:32 AM EAT / 3.82 m	11:46 AM EAT / 0.38 m	5:45 PM EAT / 3.50 m	11:52 PM EAT / 0.48 m			6:06 AM EAT	6:17 PM EAT
<b>Wed 5</b>	5:58 AM EAT / 3.71 m	12:15 PM EAT / 0.53 m	6:13 PM EAT / 3.32 m				6:06 AM EAT	6:17 PM EAT
<b>Thu 6</b>		12:19 AM EAT / 0.67 m	6:27 AM EAT / 3.54 m	12:45 PM EAT / 0.73 m	6:44 PM EAT / 3.11 m		6:05 AM EAT	6:16 PM EAT

<b>Fri 7</b>		12:47 AM EAT / 0.89 m	6:59 AM EAT / 3.33 m	1:19 PM EAT / 0.97 m	7:20 PM EAT / 2.86 m		6:05 AM EAT	6:16 PM EAT
<b>Sat 8</b>		1:18 AM EAT / 1.13 m	7:39 AM EAT / 3.09 m	1:59 PM EAT / 1.22 m	8:11 PM EAT / 2.61 m		6:04 AM EAT	6:16 PM EAT
<b>Sun 9</b>		1:59 AM EAT / 1.39 m	8:41 AM EAT / 2.85 m	2:58 PM EAT / 1.45 m	9:43 PM EAT / 2.43 m	First Quarter	6:04 AM EAT	6:16 PM EAT
<b>Mon 10</b>		3:04 AM EAT / 1.63 m	10:20 AM EAT / 2.72 m	4:53 PM EAT / 1.55 m	11:31 PM EAT / 2.49 m		6:03 AM EAT	6:16 PM EAT
<b>Tue 11</b>		5:26 AM EAT / 1.68 m	11:56 AM EAT / 2.81 m	6:49 PM EAT / 1.34 m			6:03 AM EAT	6:16 PM EAT
<b>Wed 12</b>	12:49 AM EAT / 2.76 m	7:10 AM EAT / 1.38 m	1:06 PM EAT / 3.06 m	7:44 PM EAT / 1.02 m			6:02 AM EAT	6:16 PM EAT
<b>Thu 13</b>	1:43 AM EAT / 3.13 m	8:02 AM EAT / 0.98 m	1:59 PM EAT / 3.36 m	8:23 PM EAT / 0.68 m			6:02 AM EAT	6:16 PM EAT
<b>Fri 14</b>	2:26 AM EAT / 3.52 m	8:44 AM EAT / 0.57 m	2:44 PM EAT / 3.65 m	9:00 PM EAT / 0.37 m			6:02 AM EAT	6:15 PM EAT
<b>Sat 15</b>	3:06 AM EAT / 3.89 m	9:23 AM EAT / 0.21 m	3:26 PM EAT / 3.87 m	9:36 PM EAT / 0.12 m			6:01 AM EAT	6:16 PM EAT
<b>Sun 16</b>	3:45 AM EAT / 4.19 m	10:01 AM EAT / -0.05 m	4:06 PM EAT / 4.00 m	10:12 PM EAT / -0.04 m		Full Moon	6:01 AM EAT	6:16 PM EAT
<b>Mon 17</b>	4:23 AM EAT / 4.38 m	10:40 AM EAT / -0.19 m	4:46 PM EAT / 4.01 m	10:49 PM EAT / -0.09 m			6:01 AM EAT	6:16 PM EAT
<b>Tue 18</b>	5:03 AM EAT / 4.43 m	11:20 AM EAT / -0.18 m	5:26 PM EAT / 3.91 m	11:27 PM EAT / -0.01 m			6:00 AM EAT	6:16 PM EAT
<b>Wed 19</b>	5:43 AM EAT / 4.34 m	12:00 PM EAT / -0.03 m	6:08 PM EAT / 3.70 m				6:00 AM EAT	6:16 PM EAT
<b>Thu 20</b>		12:06 AM EAT / 0.19 m	6:27 AM EAT / 4.10 m	12:43 PM EAT / 0.25 m	6:54 PM EAT / 3.41 m		6:00 AM EAT	6:16 PM EAT
<b>Fri 21</b>		12:48 AM EAT / 0.49 m	7:14 AM EAT / 3.76 m	1:29 PM EAT / 0.60 m	7:47 PM EAT / 3.09 m		5:59 AM EAT	6:16 PM EAT
<b>Sat 22</b>		1:35 AM EAT / 0.86 m	8:12 AM EAT / 3.38 m	2:24 PM EAT / 0.97 m	8:58 PM EAT / 2.80 m	Last Quarter	5:59 AM EAT	6:16 PM EAT
<b>Sun 23</b>		2:34 AM EAT / 1.24 m	9:29 AM EAT / 3.04 m	3:42 PM EAT / 1.28 m	10:31 PM EAT / 2.66 m		5:59 AM EAT	6:16 PM EAT
<b>Mon 24</b>		4:12 AM EAT / 1.52 m	11:04 AM EAT / 2.86 m	5:42 PM EAT / 1.35 m			5:58 AM EAT	6:16 PM EAT
<b>Tue 25</b>	12:06 AM EAT / 2.75 m	6:26 AM EAT / 1.46 m	12:32 PM EAT / 2.90 m	7:08 PM EAT / 1.18 m			5:58 AM EAT	6:16 PM EAT
<b>Wed 26</b>	1:18 AM EAT / 2.98 m	7:38 AM EAT / 1.19 m	1:37 PM EAT / 3.05 m	7:57 PM EAT / 0.96 m			5:58 AM EAT	6:16 PM EAT
<b>Thu 27</b>	2:08 AM EAT / 3.24 m	8:24 AM EAT / 0.92 m	2:24 PM EAT / 3.21 m	8:34 PM EAT / 0.76 m			5:58 AM EAT	6:16 PM EAT
<b>Fri 28</b>	2:46 AM EAT / 3.47 m	8:59 AM EAT / 0.69 m	3:01 PM EAT / 3.34 m	9:06 PM EAT / 0.59 m			5:57 AM EAT	6:16 PM EAT
<b>Sat 29</b>	3:17 AM EAT / 3.66 m	9:31 AM EAT / 0.51 m	3:33 PM EAT / 3.44 m	9:35 PM EAT / 0.47 m			5:57 AM EAT	6:16 PM EAT
<b>Sun 30</b>	3:45 AM EAT / 3.79 m	10:00 AM EAT / 0.38 m	4:01 PM EAT / 3.51 m	10:04 PM EAT / 0.40 m		New Moon	5:57 AM EAT	6:16 PM EAT
<b>Mon 31</b>	4:12 AM EAT / 3.88 m	10:29 AM EAT / 0.31 m	4:28 PM EAT / 3.53 m	10:31 PM EAT / 0.39 m			5:57 AM EAT	6:16 PM EAT

# November 2016

Day	High	Low	High	Low	High	Moon	Sunrise	Sunset
<b>Tue 1</b>	4:38 AM EAT / 3.90 m	10:57 AM EAT / 0.30 m	4:55 PM EAT / 3.50 m	10:59 PM EAT / 0.44 m			5:56 AM EAT	6:16 PM EAT
<b>Wed 2</b>	5:05 AM EAT / 3.87 m	11:26 AM EAT / 0.36 m	5:23 PM EAT / 3.42 m	11:26 PM EAT / 0.54 m			5:56 AM EAT	6:16 PM EAT
<b>Thu 3</b>	5:32 AM EAT / 3.78 m	11:55 AM EAT / 0.46 m	5:53 PM EAT / 3.29 m	11:54 PM EAT / 0.69 m			5:56 AM EAT	6:17 PM EAT
<b>Fri 4</b>	6:02 AM EAT / 3.64 m	12:26 PM EAT / 0.62 m	6:25 PM EAT / 3.12 m				5:56 AM EAT	6:17 PM EAT
<b>Sat 5</b>		12:24 AM EAT / 0.87 m	6:34 AM EAT / 3.45 m	1:00 PM EAT / 0.81 m	7:03 PM EAT / 2.92 m		5:56 AM EAT	6:17 PM EAT
<b>Sun 6</b>		12:58 AM EAT / 1.08 m	7:14 AM EAT / 3.23 m	1:39 PM EAT / 1.02 m	7:54 PM EAT / 2.73 m		5:56 AM EAT	6:17 PM EAT
<b>Mon 7</b>		1:40 AM EAT / 1.30 m	8:08 AM EAT / 3.00 m	2:31 PM EAT / 1.22 m	9:12 PM EAT / 2.60 m	First Quarter	5:56 AM EAT	6:17 PM EAT
<b>Tue 8</b>		2:41 AM EAT / 1.51 m	9:33 AM EAT / 2.82 m	3:48 PM EAT / 1.36 m	10:46 PM EAT / 2.64 m		5:56 AM EAT	6:18 PM EAT
<b>Wed 9</b>		4:25 AM EAT / 1.60 m	11:08 AM EAT / 2.81 m	5:35 PM EAT / 1.31 m			5:56 AM EAT	6:18 PM EAT
<b>Thu 10</b>	12:04 AM EAT / 2.87 m	6:23 AM EAT / 1.39 m	12:25 PM EAT / 2.96 m	6:52 PM EAT / 1.07 m			5:56 AM EAT	6:18 PM EAT
<b>Fri 11</b>	1:05 AM EAT / 3.22 m	7:31 AM EAT / 1.01 m	1:26 PM EAT / 3.20 m	7:44 PM EAT / 0.77 m			5:55 AM EAT	6:18 PM EAT
<b>Sat 12</b>	1:54 AM EAT / 3.61 m	8:20 AM EAT / 0.61 m	2:17 PM EAT / 3.45 m	8:28 PM EAT / 0.47 m			5:55 AM EAT	6:18 PM EAT
<b>Sun 13</b>	2:39 AM EAT / 3.97 m	9:03 AM EAT / 0.26 m	3:03 PM EAT / 3.66 m	9:09 PM EAT / 0.22 m			5:55 AM EAT	6:19 PM EAT
<b>Mon 14</b>	3:21 AM EAT / 4.25 m	9:44 AM EAT / -0.00 m	3:46 PM EAT / 3.80 m	9:49 PM EAT / 0.06 m		Full Moon	5:55 AM EAT	6:19 PM EAT
<b>Tue 15</b>	4:04 AM EAT / 4.43 m	10:25 AM EAT / -0.14 m	4:29 PM EAT / 3.84 m	10:29 PM EAT / 0.00 m			5:56 AM EAT	6:19 PM EAT
<b>Wed 16</b>	4:46 AM EAT / 4.46 m	11:06 AM EAT / -0.15 m	5:12 PM EAT / 3.78 m	11:10 PM EAT / 0.06 m			5:56 AM EAT	6:20 PM EAT
<b>Thu 17</b>	5:28 AM EAT / 4.35 m	11:47 AM EAT / -0.02 m	5:56 PM EAT / 3.63 m	11:51 PM EAT / 0.24 m			5:56 AM EAT	6:20 PM EAT
<b>Fri 18</b>	6:12 AM EAT / 4.12 m	12:30 PM EAT / 0.21 m	6:43 PM EAT / 3.41 m				5:56 AM EAT	6:20 PM EAT
<b>Sat 19</b>		12:35 AM EAT / 0.51 m	6:59 AM EAT / 3.79 m	1:15 PM EAT / 0.51 m	7:36 PM EAT / 3.16 m		5:56 AM EAT	6:21 PM EAT
<b>Sun 20</b>		1:22 AM EAT / 0.85 m	7:53 AM EAT / 3.42 m	2:05 PM EAT / 0.83 m	8:40 PM EAT / 2.94 m		5:56 AM EAT	6:21 PM EAT
<b>Mon 21</b>		2:18 AM EAT / 1.20 m	8:59 AM EAT / 3.07 m	3:07 PM EAT / 1.13 m	9:58 PM EAT / 2.80 m	Last Quarter	5:56 AM EAT	6:21 PM EAT
<b>Tue 22</b>		3:37 AM EAT / 1.48 m	10:19 AM EAT / 2.83 m	4:35 PM EAT / 1.30 m	11:22 PM EAT / 2.81 m		5:56 AM EAT	6:22 PM EAT
<b>Wed 23</b>		5:36 AM EAT / 1.53 m	11:43 AM EAT / 2.75 m	6:10 PM EAT / 1.28 m			5:56 AM EAT	6:22 PM EAT
<b>Thu 24</b>	12:34 AM EAT / 2.96 m	7:05 AM EAT / 1.35 m	12:54 PM EAT / 2.80 m	7:14 PM EAT / 1.14 m			5:57 AM EAT	6:22 PM EAT
<b>Fri 25</b>	1:30 AM EAT / 3.16 m	7:57 AM EAT / 1.12 m	1:49 PM EAT / 2.92 m	7:59 PM EAT / 0.97 m			5:57 AM EAT	6:23 PM EAT
<b>Sat 26</b>	2:13 AM EAT / 3.36 m	8:36 AM EAT / 0.89 m	2:31 PM EAT / 3.05 m	8:36 PM EAT / 0.82 m			5:57 AM EAT	6:23 PM EAT
<b>Sun 27</b>	2:48 AM EAT / 3.54 m	9:10 AM EAT / 0.70 m	3:06 PM EAT / 3.17 m	9:08 PM EAT / 0.69 m			5:57 AM EAT	6:24 PM EAT
<b>Mon 28</b>	3:19 AM EAT	9:41 AM EAT /	3:38 PM EAT /	9:39 PM EAT /			5:57 AM	6:24 PM

	/ 3.68 m	0.54 m	3.27 m	0.60 m			EAT	EAT
<b>Tue 29</b>	3:48 AM EAT / 3.79 m	10:11 AM EAT / 0.43 m	4:08 PM EAT / 3.34 m	10:10 PM EAT / 0.55 m		New Moon	5:58 AM EAT	6:24 PM EAT
<b>Wed 30</b>	4:17 AM EAT / 3.85 m	10:41 AM EAT / 0.37 m	4:38 PM EAT / 3.37 m	10:39 PM EAT / 0.54 m			5:58 AM EAT	6:25 PM EAT

## December 2016

Day	High	Low	High	Low	High	Moon	Sunrise	Sunset
<b>Thu 1</b>	4:46 AM EAT / 3.86 m	11:11 AM EAT / 0.36 m	5:09 PM EAT / 3.35 m	11:09 PM EAT / 0.59 m			5:58 AM EAT	6:25 PM EAT
<b>Fri 2</b>	5:16 AM EAT / 3.83 m	11:41 AM EAT / 0.41 m	5:41 PM EAT / 3.29 m	11:39 PM EAT / 0.68 m			5:59 AM EAT	6:26 PM EAT
<b>Sat 3</b>	5:47 AM EAT / 3.73 m	12:13 PM EAT / 0.50 m	6:16 PM EAT / 3.19 m				5:59 AM EAT	6:26 PM EAT
<b>Sun 4</b>		12:12 AM EAT / 0.80 m	6:22 AM EAT / 3.59 m	12:47 PM EAT / 0.62 m	6:55 PM EAT / 3.08 m		5:59 AM EAT	6:27 PM EAT
<b>Mon 5</b>		12:47 AM EAT / 0.95 m	7:01 AM EAT / 3.41 m	1:25 PM EAT / 0.78 m	7:42 PM EAT / 2.96 m		6:00 AM EAT	6:27 PM EAT
<b>Tue 6</b>		1:30 AM EAT / 1.12 m	7:51 AM EAT / 3.20 m	2:10 PM EAT / 0.94 m	8:44 PM EAT / 2.87 m		6:00 AM EAT	6:28 PM EAT
<b>Wed 7</b>		2:25 AM EAT / 1.29 m	8:57 AM EAT / 2.99 m	3:07 PM EAT / 1.09 m	9:59 PM EAT / 2.88 m	First Quarter	6:00 AM EAT	6:28 PM EAT
<b>Thu 8</b>		3:42 AM EAT / 1.42 m	10:18 AM EAT / 2.86 m	4:23 PM EAT / 1.17 m	11:16 PM EAT / 3.02 m		6:01 AM EAT	6:29 PM EAT
<b>Fri 9</b>		5:26 AM EAT / 1.36 m	11:39 AM EAT / 2.87 m	5:50 PM EAT / 1.11 m			6:01 AM EAT	6:29 PM EAT
<b>Sat 10</b>	12:24 AM EAT / 3.27 m	6:55 AM EAT / 1.10 m	12:50 PM EAT / 3.00 m	7:02 PM EAT / 0.91 m			6:01 AM EAT	6:30 PM EAT
<b>Sun 11</b>	1:23 AM EAT / 3.59 m	7:57 AM EAT / 0.75 m	1:51 PM EAT / 3.20 m	7:59 PM EAT / 0.66 m			6:02 AM EAT	6:30 PM EAT
<b>Mon 12</b>	2:16 AM EAT / 3.90 m	8:47 AM EAT / 0.42 m	2:44 PM EAT / 3.39 m	8:47 PM EAT / 0.42 m			6:02 AM EAT	6:31 PM EAT
<b>Tue 13</b>	3:04 AM EAT / 4.15 m	9:32 AM EAT / 0.16 m	3:32 PM EAT / 3.56 m	9:33 PM EAT / 0.24 m			6:03 AM EAT	6:31 PM EAT
<b>Wed 14</b>	3:50 AM EAT / 4.32 m	10:14 AM EAT / 0.00 m	4:18 PM EAT / 3.66 m	10:16 PM EAT / 0.14 m		Full Moon	6:03 AM EAT	6:32 PM EAT
<b>Thu 15</b>	4:34 AM EAT / 4.36 m	10:56 AM EAT / -0.05 m	5:03 PM EAT / 3.68 m	10:59 PM EAT / 0.15 m			6:04 AM EAT	6:32 PM EAT
<b>Fri 16</b>	5:18 AM EAT / 4.29 m	11:37 AM EAT / 0.01 m	5:47 PM EAT / 3.63 m	11:41 PM EAT / 0.26 m			6:04 AM EAT	6:33 PM EAT
<b>Sat 17</b>	6:01 AM EAT / 4.10 m	12:17 PM EAT / 0.16 m	6:33 PM EAT / 3.50 m				6:05 AM EAT	6:34 PM EAT
<b>Sun 18</b>		12:24 AM EAT / 0.47 m	6:45 AM EAT / 3.83 m	12:59 PM EAT / 0.38 m	7:20 PM EAT / 3.34 m		6:05 AM EAT	6:34 PM EAT
<b>Mon 19</b>		1:08 AM EAT / 0.74 m	7:31 AM EAT / 3.51 m	1:42 PM EAT / 0.65 m	8:12 PM EAT / 3.15 m		6:06 AM EAT	6:35 PM EAT
<b>Tue 20</b>		1:56 AM EAT / 1.04 m	8:22 AM EAT / 3.18 m	2:28 PM EAT / 0.92 m	9:11 PM EAT / 2.99 m		6:06 AM EAT	6:35 PM EAT
<b>Wed 21</b>		2:53 AM EAT / 1.33 m	9:22 AM EAT / 2.88 m	3:24 PM EAT / 1.16 m	10:18 PM EAT / 2.89 m	Last Quarter	6:06 AM EAT	6:36 PM EAT
<b>Thu 22</b>		4:13 AM EAT / 1.53 m	10:33 AM EAT / 2.67 m	4:40 PM EAT / 1.33 m	11:30 PM EAT / 2.89 m		6:07 AM EAT	6:36 PM EAT
<b>Fri 23</b>		6:00 AM EAT / 1.54 m	11:50 AM EAT / 2.59 m	6:07 PM EAT / 1.35 m			6:07 AM EAT	6:37 PM EAT

<b>Sat 24</b>	12:37 AM EAT / 2.98 m	7:19 AM EAT / 1.38 m	12:59 PM EAT / 2.64 m	7:15 PM EAT / 1.25 m			6:08 AM EAT	6:37 PM EAT
<b>Sun 25</b>	1:32 AM EAT / 3.14 m	8:10 AM EAT / 1.16 m	1:56 PM EAT / 2.76 m	8:04 PM EAT / 1.10 m			6:09 AM EAT	6:37 PM EAT
<b>Mon 26</b>	2:16 AM EAT / 3.32 m	8:50 AM EAT / 0.94 m	2:40 PM EAT / 2.90 m	8:44 PM EAT / 0.95 m			6:09 AM EAT	6:38 PM EAT
<b>Tue 27</b>	2:55 AM EAT / 3.49 m	9:25 AM EAT / 0.74 m	3:18 PM EAT / 3.05 m	9:20 PM EAT / 0.81 m			6:10 AM EAT	6:38 PM EAT
<b>Wed 28</b>	3:29 AM EAT / 3.64 m	9:57 AM EAT / 0.57 m	3:53 PM EAT / 3.19 m	9:53 PM EAT / 0.69 m			6:10 AM EAT	6:39 PM EAT
<b>Thu 29</b>	4:01 AM EAT / 3.77 m	10:28 AM EAT / 0.44 m	4:26 PM EAT / 3.29 m	10:25 PM EAT / 0.61 m		New Moon	6:11 AM EAT	6:39 PM EAT
<b>Fri 30</b>	4:33 AM EAT / 3.85 m	10:59 AM EAT / 0.35 m	4:59 PM EAT / 3.36 m	10:57 PM EAT / 0.57 m			6:11 AM EAT	6:40 PM EAT
<b>Sat 31</b>	5:05 AM EAT / 3.88 m	11:29 AM EAT / 0.32 m	5:32 PM EAT / 3.39 m	11:29 PM EAT / 0.57 m			6:12 AM EAT	6:40 PM EAT